

Appendix E-II

2009 NAIA OUTDOOR TRACK & FIELD NATIONAL CHAMPIONSHIPS

St. Louis, Missouri

Southern Illinois University Edwardsville

May 21-23, 2009

THURSDAY, May 21

Combined Events

10:00am	Men's Decathlon 100m/Long Jump/Shot Put/High Jump/400m
11:00am	Women's Heptathlon 100m Hurdles/High Jump/Shot Put/200m

* The start of subsequent events will begin approx. 30 minutes after the conclusion of the current event.

Field Events

10:00am	Women's Hammer FINAL
1:00pm	Men's Hammer FINAL
4:00pm	Women's Javelin FINAL Women's Pole Vault FINAL
5:30pm	Women's Long Jump FINAL
7:00pm	Men's Javelin FINAL

Track Events

1:00pm	Women's 4x100m Trials
1:20pm	Men's 4x100m Trials
1:35pm	Women's 1500m Trials
1:55pm	Men's 1500m Trials
2:15pm	Women's 100m Hurdles Trials
2:40pm	Men's 110m Hurdles Trials
2:55pm	Women's 400m Trials
3:10pm	Men's 400m Trials
3:30pm	Women's 100m Trials
3:50pm	Men's 100m Trials
4:10pm	Women's 800m Trials
4:30pm	Men's 800m Trials
4:45pm	OPENING CEREMONIES
5:15pm	Women's 400m Hurdles Trials
5:35pm	Men's 400m Hurdles Trials
5:55pm	Women's 200m Trials
6:10pm	Men's 200m Trials
6:30pm	Women's 3200m Relay Trials
7:00pm	Men's 3200m Relay Trials
7:30pm	Women's Steeplechase Trials
8:00pm	Men's Steeplechase Trials
8:30pm	Women's 10,000m FINAL
9:20pm	Men's 10,000m FINAL

FRIDAY, May 22 (Senior Recognition Day)

Combined Events

9:30am	Men's Decathlon 110m Hurdles/Discus/Pole Vault/Javelin / 1500m
10:30am	Women's Heptathlon Long Jump / Javelin / 800m Run

* The start of subsequent events will begin approx. 30 minutes after the conclusion of the current event.

Field Events

1:00pm	Men's Shot Put FINAL
	Men's Long Jump FINAL
5:30pm	Women's Triple Jump FINAL
6:00pm	Men's High Jump FINAL Women's Discus FINAL

Track Events

1:00pm	Men's 110m Hurdles Semi
1:20pm	Women's 100m Hurdles Semi
1:40pm	Women's 3000m Racewalk FINAL
2:05pm	Men's 5000m Racewalk FINAL
2:40pm	Women's 100m Semi
2:50pm	Men's 100m Semi
3:00pm	Women's 400m Semi
3:10pm	Men's 400m Semi
3:20pm	Women's 800m Semi
3:35pm	Men's 800m Semi
3:50pm	Women's 4x100m Semi
4:05pm	Men's 4x100m Semi
4:25pm	Women's 100m Hurdles FINAL
4:40pm	Men's 110m Hurdles FINAL
4:50pm	Women's 100m FINAL
5:00pm	Men's 100m FINAL
5:15pm	Women's 400m Hurdles Semi
5:35pm	Men's 400m Hurdles Semi
5:45pm	SENIOR RECOGNITION
6:00pm	Women's 3200m Relay FINAL
6:20pm	Men's 3200m Relay FINAL
6:40pm	Women's 5000m Semi
7:30pm	Men's 5000m Semi
8:15pm	Women's 1600, Relay Semi
8:35pm	Men's 1600m Relay Semi

Schedule of Events

Games Committee may make changes due to trials or flights being eliminated after the declaration period

SATURDAY, May 23

Field Events

NOON	Men's Pole Vault FINAL
1:00pm	Women's Shot Put FINAL
1:30pm	Men's Triple Jump FINAL
2:00pm	Women's High Jump FINAL
3:00pm	Men's Discus FINAL

Track Events

6:00am	Women's and Men's Marathon
2:00pm	Women's Steeplechase FINAL
2:20pm	Men's Steeplechase FINAL
2:40pm	Women's 4x100m FINAL
2:50pm	Men's 4x100m FINAL
3:00pm	Women's 1500m FINAL
3:10pm	Men's 1500m FINAL
3:20pm	Women's 200m Semi
3:30pm	Men's 200m Semi
3:35pm	SCHOLAR ATHLETE RECOGNITION
3:50pm	Women's 400m Hurdles FINAL
4:00pm	Men's 400m Hurdles FINAL
4:10pm	Women's 400m FINAL
4:20pm	Men's 400m FINAL
4:30pm	Women's 800m FINAL
4:40pm	Men's 800m FINAL
4:50pm	Women's 200m FINAL
5:00pm	Men's 200m FINAL
5:10pm	Women's 5000m FINAL
5:35pm	Men's 5000m FINAL
5:55pm	Women's 4x400m FINAL
6:05pm	Men's 4x400m FINAL
6:30pm	AWARDS CEREMONIES